



# San Vicente Saddle Club Newsletter

16911 Gun Stage Road, Ramona, CA

Oct/Nov 2009

## President's Message

Howdy members!

October Horse Camp was a sell out and a good time was had by all!

Our annual Turkey Trot is scheduled for November 21<sup>st</sup> at Mt Gower Staging area. This has been a shared event with Ramona Trails Association for years and is a great time for our clubs to get together to ride, eat & socialize.

Our Christmas Party is scheduled for December 11<sup>th</sup> at the San Vicente

Inn, so be sure to mark your calendars. It's been a very good year for our club and we're still not done! There will be a great dinner, raffle prizes and a DJ to provide the entertainment so bring your dancing shoes and do a little boot scootin!

It will be a great time for everyone to celebrate our club's events of 2009!

It's that time again to elect our board officers for 2010. If you have an interest in being an officer or know someone who is, please come to our next meeting in November!

I must say this has been another very successful year for our club. Our membership has continued to grow despite the challenges and struggles with our economy. Thanks to all of you for supporting our club!

Hope to see everyone our next club meeting on November 11<sup>th</sup> 2009 at the Rotunda located in the International Equestrian Center at 7:30 pm.

See ya on the trail!

Randy

President – Randy MacRostie  
Vice President – Dave Shanahan  
Treasurer – Lily Voegeli  
Secretary – Anita Meyer

**Club Meetings**  
**2<sup>nd</sup> Wednesday**  
**of Each Month**  
**7:30 PM**  
**SDCE IEC Rotunda**

### Important Dates

*November*

SVSC Monthly Meeting	Nov 11
----------------------	--------

SDCEA Board Mtg 7:00 pm	Nov 17
-------------------------	--------

## Upcoming Club Events

**Annual Turkey Trot** – November 21, 2009 at Mt. Gower Staging area.

**Annual Christmas Party** – December 21, 2009 at the San Vicente Inn.

### Vaccine/Teeth Floating Clinic

Dr. Selders is planning to have a Vaccine/Teeth Floating Clinic on Saturday November 14th at both the IEC and the Western Center. For planning purposes the clinic is on an appointment/time slot basis. If you are interested please email or call her for an appointment.

**Corine Selders, DVM, CVA**  
**Cedar Creek Equine Veterinary Practice, Inc.**  
**Ramona, California**  
**(760)484-4426**

[www.cedarcreekequine.com](http://www.cedarcreekequine.com)

IEC: International Equestrian Center  
CTWC: Casey Tibbs Western Center

### SAN VICENTE SADDLE CLUB CHRISTMAS PARTY

Friday, December 11th, 2009, 6:00 p.m.

It is that time of the year again members! Hope all of you can attend our Club Christmas party on Friday, December 11th. **RSVP and payment are necessary no later than December 8th, 2009.**

This year our party will again be held at the San Vicente Inn. The price for dinner will be \$10 per adult and children age 4 to 10 will be \$5.00. We are unable to bring our own beverages, but coffee, tea, soda and water are included and there will be an open bar available all evening. With advanced notice, the restaurant will accommodate vegetarians with a separate specialty dish.

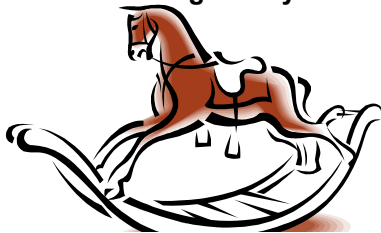
Entertainment will be provided along with prizes being raffled off throughout the evening. Dinner will be served by 7:15 p.m. As promised, we always try to provide the biggest bang for our buck and you won't be disappointed with this year's menu. Please come and take advantage of this affordable fun filled evening to celebrate our clubs success this year!

Please RSVP to Lily Voegeli at 788-7533 or e-mail Lily at [lilynjeff@cox.net](mailto:lilynjeff@cox.net) Please confirm number of adults/children A.S.A.P.

#### REMEMBER

- **Adults are \$10 each, children 4 to 10 are \$5 each.**
- **RSVP is necessary by December 8<sup>th</sup>**
- **Please make checks payable to S.V.S.C send your payment to Lily Voegeli at 16031 Spangler Peak Rd. Ramona, CA 92065. Payment must be received no later than Dec. 8<sup>th</sup>.**
- **Early guests can go to the Par Lounge until 6:00pm.**

Looking forward to seeing all of you December 11<sup>th</sup>!



### New Members

Linda Gillan  
Meredith & David Schuler  
Rae & Jack O'Rourke

### Other Equestrian Events

**WINE TASTE AND RIDE** - Attention all equestrians! Robert Renzoni, proprietor of the lovely Robert Renzoni Vineyards on De Portola Road, is going out of his way to create a horse-friendly destination spot at his winery. He is just about to complete a separate hitching-and-tasting area, where it will be fun to dismount, and enjoy wine tasting. If you call ahead, the winery will send a pourer up to enable you to do the tasting out of the little "tasting barn" Robert has built up there. But, on top of that, equestrians receive **15% discount**, in the main room as well as the upper area. Just tell the cashiers that you are "a horse person" to be eligible for the discount. **PLEASE KEEP YOUR HORSES FROM GRAZING** and please clean up poop as best you can. Enjoy this wonderful winery

#### Lake Cahuilla County Ride

Saturday, November 14, 2009 10:00 AM – see the email sent by Lily for more information.

#### Lakeside Poker Ride

Lakeside Frontier Riders is having a fun poker ride in the Lakeside river bottom on Nov 14th. There will be lots of raffle items, cash prizes, and a great lunch provided. [www.lakesidefrontieriders.com](http://www.lakesidefrontieriders.com)

#### Holiday Trail Ride: to benefit rescue horses

**Cost:** \$30 will include trail ride and brunch served after the ride. \$15 for brunch only. Raffle tickets will be sold for great prizes, and there will be a silent auction full of wonderful items such as joint supplements, equine artwork, restaurant gift certificates, wine, home decor, tack, grooming products and so much more. You need not be present to win.

**Place:** Horse of the Sun at 9:00 a.m.

**When:** December 5, 2009

**Where:** 28271 Old Hwy. 80, Pine Valley, Ca

[www.savinghorsesinc.com](http://www.savinghorsesinc.com)

## Classifieds

### PASTURE BOARDING NEEDED

I am looking for pasture boarding for our foal, she is only 4 ½ months old, and we are in the process of weaning her. I was wondering if anybody knows of a (baby) pasture in or around Ramona.

Thank you.

Carola cwaag@cox.net

### Manure Pickup Service

There is a new service in the SDCE. Manure hauling, this can be a weekly service or an as needed clean up service. This is not stall cleaning but hauling of the manure for residents of SDCE. **If interested contact Dean Meyer at (760) 788-8385 or (760) 822-3923**

Reasonable rates depending on number of horses with the minimum being 10.00 a week for one or two horses. Pick up days will be Monday or Friday

### Top Ten Things You Won't Hear Your Horse Say

10. Don't clean out my stall, I adore the smell.
9. No thanks, one can of oats is enough for me.
8. Doctor, may I please have a rectal exam.
7. I just love traveling in a hot trailer.
6. Mr. Farrier, please don't stop pounding on my hooves.
5. There's room for one more on my back.
4. I feel like galloping another 20 miles.
3. Low branch! Duck!
2. You can go ahead and leave, I'll wash myself down.
1. Can we do this again tomorrow??

### *If you are "just a horse person" pass this on:*

From time to time, people tell me, "lighten up, it's just a horse," or, "that's a lot of money for "just a horse". They don't understand the distance traveled, the time spent, or the costs involved for "just a horse." Some of my proudest moments have come about with "just a horse." Many hours have passed and my only company was "just a horse," but I did not once feel slighted. Some of my saddest moments have been brought about by "just a horse," and in those days of darkness, the gentle touch of "just a horse" gave me comfort and reason to overcome the day. If you, too, think it's "just a horse," then you will probably understand phrases like "just a friend," "just a sunrise," or "just a promise." "Just a horse" brings into my life the very essence of friendship, trust, and pure unbridled joy. "Just a horse" brings out the compassion and patience that make me a better person. Because of "just a horse" I will rise early, take long walks and look longingly to the future. So for me and folks like me, it's not "just a horse" but an embodiment of all the hopes and dreams of the future, the fond memories of the past, and the pure joy of the moment. "Just a horse" brings out what's good in me and diverts my thoughts away from myself and the worries of the day. I hope that someday they can understand that it's not "just a horse" but the thing that gives me humanity and keeps me from being "just a woman." So the next time you hear the phrase "just a horse" just smile, because they "just" don't understand.

Please submit any classified ads, announcements, interesting websites or cool products you would like to add to the newsletter to Barbara at farmgirlbarb@hotmail.com

## **Treats for your stable buddy**

This article has been retyped from the Ramona Sentinel's "Hoof Beats" Article by Dixie Pettit...ENJOY!!

Summer is coming to a close, but thankfully in Ramona that means respite from the summer heat and perfect weather for riding! Cooler weather also means kitchens cool enough for baking treats for all the stall buddies out there.

According to veterinarian Jon Matthews, DMV, horses should not be fed peanuts, because they cannot digest them and it clogs their intestines. According to another vet, peanut butter will not hurt them. Please use your own judgment or check with your vet when in doubt. Here are a few recipes to whip up:

### **Halloween Horse Treat**

Horses like Halloween treats, too! Get a small pumpkin and remove all the insides, being careful to get all of the seeds. Fill it with a mixture of sliced apples, carrots, grain and whatever other kind of fruit that is on hand. Put the top back on and give each horse a pumpkin. Your horse will have fun squishing the pumpkin to get the treats out. Most horses will even eat the pumpkin.

### **Apple Explosion**

- 1 cup oatmeal
- 1 cup whole wheat flour
- ½ tablespoon brown sugar
- 2 spoonfuls molasses
- ½ cup water
- ¼ diced apple

Preheat oven to 350. Mix all ingredients in order listed except the apple. Grab some batter and stick a piece of the apple into to batter so it cannot be seen from the outside. Do this to every cookie, and place them on a greased cookie sheet. Bake for 8 – 10 minutes.

### **Buddy Treats**

- 1 cup flour
- ½ cup molasses
- ½ cup vegetable oil
- 1 cup sugar

Add any other special treats your particular stable buddy enjoys, adding crushed peppermints, grated apple or carrots or just add oats. Preheat oven to 350 degrees.

1. Mix together the sugar, flour and crushed/grated goodies.
2. Add molasses and oil. Stir until well blended.

The mix should be sticky, but not too runny, add flour; if it is too thick, add a little more molasses and oil. Cook for 10-15 minutes. Apply more time if it's necessary. Let cool. These dry into a crunchy, yummy treat.

### **NickerKnacks**

- 1 ¼ cups rolled oats
- ¾ cup dry oats
- ½ cup flax seed
- 1 scoop Trifecta
- 1 cup molasses
- ¼ cup flour
- 2 cups Performance grain (soaked)

Preheat oven to 350 degrees. Mix the dry ingredients together in a large bowl. Stir together molasses and soaked grain in a small bowl, then add this mix to the larger bowl. When all ingredients are thoroughly combined, make small, flattened patties and place on a cookie sheet. Bake until well done, just before burning so they are very crunchy when cooled.