



San Vicente Saddle Club Newsletter

16911 Gun Stage Road, Ramona, CA

May/June 2009

President's Message

Howdy members!

Horse Camp is just around the corner! I'm excited about taking Legend (our mustang) to this great outdoor adventure for the first time. He has been getting plenty of trail riding exposure around our local trails in the Estates, so it's time to let him go camping with his buddy Bubbles. Smoke will be staying home this time getting in some overdue rest & relaxation (yeah right!)

For those of you who have never been to our horse camp, there are still some spots left. Camp is reserved for June 25th through the 29th and will include a catered BBQ for each registration. You can also pay \$10.00 for any additional guest that who wants to join us for dinner. Please contact Lily for details.

Hope everyone has been enjoying this cooler weather we've been experiencing and getting in some quality saddle time.

I hope to see everyone our next club meeting on June 10th 2009 at the Rotunda located in the I.E.C at 7:30 pm.

See ya on the trail!

Randy

President – Randy MacRostie
Vice President – Dave Shanahan
Treasurer – Lily Voegeli
Secretary – Anita Meyer

Club Meetings
2nd Wednesday
of Each Month
7:30 PM
SDCE IEC Rotunda

Important Dates

June

SVSC Monthly Meeting	June 10
----------------------	---------

SDCEA Board Mtg 7:00 pm	June 23
-------------------------	---------

Upcoming Events

Horse Camp

The first horse camp of the year will be June 25th through June 29th. The cost per horse will be \$55, and 45 corrals will be available. The \$55 cost per horse includes a catered BBQ on Friday night, and visitors can enjoy the meal for \$10. If people wish to trailer in for a day ride, they must coordinate their visit with Lily. Camp is more than half full, there are only 15 spaces left. Don't wait too long to make your reservation. Feel free to call (788-7533) if you have any questions or e-mail Lily.

IEC: International Equestrian Center
CTWC: Casey Tibbs Western Center

Bee Alert!

I wanted to let all the members know I ran across a potential danger on our trails this weekend hiking in Simon Park. I came across a nest of bees that I suspect to be Africanized that had made a nest in the ground in the trail. This could be a huge risk for any Equestrians or hikers who inadvertently stumble or step into the nest. I contact Parks dept. and they met me in the park and I showed them where the nest was. They put up a couple of signs and caution tape to warn others. I also called the County Ag dept to get them to check into the bees and determine if they are "killer" bees or mud bees and what threat they pose to us. I have to say Parks dept was VERY responsive at looking into it and getting warnings put in place to protect and warn us of the potential danger.

Interesting Web Links

Here is a link to another online Horse Magazine

HorseLink Magazine

<http://cde.cerosmedia.com/1J4a0d93ae7cbbb012.cde/page/3>

Manure Pickup Service

There is a new service in the SDCE. Manure hauling, this can be a weekly service or an as needed clean up service. This is not stall cleaning but hauling of the manure for residents of SDCE. **If interested contact Dean Meyer at (760) 788-8385 or (760) 822-3923**

Reasonable rates depending on number of horses with the minimum being 10.00 a week for one or two horses. Pick up days will be Monday or Friday

New Members

The Chappelle Family
Scott Toothacre
Sheri & Jeff Booten
Tammy Lyttleton
Eleonor & Lars Larsson
Rita & Marcella Bledsoe
Walter & Joann Fetgatter
Scott & Nora Milner
Sharon Serra
Michael & Kristie Kinch
Lisa, Lan, & Christian Westerman
Doreen & Joel Simms
Bill Lekas & Cindy Fuchser
Cheryl Tejkl
Kim Lenahan

Member Classifieds

Equine Sports Massage and Energy Work

Equine Sports Massage and energy work: Uses non-invasive, hands on techniques, to reduce muscular fatigue, tension and stress. EMS improves flexibility, provides relaxation, circulation, and decreased muscular spasms. Increases performance levels up to 20%. Increases circulation, increases range of motion and flexibility.

I was trained in Ocala Fla. taking Don Doran's Equine Sports Massage program and I have a background with some cranial sacral work and reiki levels 1 and 2. I use Dr. McLaren photonic therapy and ultrasonic therapy. Aromatherapy is used as well. Fee is \$ 75 per session.

Terri H. Law BSN
760-440-9434

Beading Classes Offered

I will begin offering Basic Beading classes starting on Saturday, June 20th at 10 am and will have another class on Saturday, June 27th at 6pm. If enough people are interested, I will expand my times and dates.

I will keep my classes *tiny* with only **4 people per class**. This will assure that everyone gets extremely personalized instruction and attention. Plan on at least 1.5-2 hours per class.

So ladies (and yes, guys!), what are you waiting for! Come learn how to bead, make new friends, and embark on a hobby that will be fun and fulfilling for many, many years!

If you are interested, please call me on my cell at 619-920-7814 to sign up for one of the first two classes. You can also email me at scherryann@cox.net

Please submit any classified ads, announcements, interesting websites or cool products you would like to add to the newsletter to Barbara McClanahan at farmgirlbarb@hotmail.com

PREPARE TO EVACUATE

It's not good to take the "it will never happen to me" attitude when preparing for an emergency. A few simple steps will make an evacuation run smooth.

1. Train your horses to load. Trying to load an untrained horse when stress is high can be dangerous and time consuming.
2. Be able to identify your horses. Take pictures or videos and have written descriptions. Store one set in a safe place (a safe deposit box at a bank is one option) and keep another set with you.
3. If your horse is going to a community rescue site or there is a chance he will become loose have some type of identification on the horse. An identification tag on the halter will work, but microchips, brands or tattoos are more permanent. Be sure your emergency contact information is included on the ID tag.
4. Make sure your truck and trailer are in good working order and packed with needed supplies. Do not use your trailer as a storage unit. If you do not own a trailer, make advance arrangements with several friends or a local hauler who can be contacted at a moment's notice. Don't wait until the emergency to start looking for a way to move your horses.
5. Make sure all health records and registrations papers are in one location and can be moved quickly.
6. Make advance arrangements with several friends who have room for your horses. If this is not possible contact your local fairgrounds or horse facilities to find out their policies for accepting horses during an emergency - have several options available.
7. Know the various routes to the facility to which you are taking the horses. A road may be closed, so have an alternate route in mind.
8. Assign duties, in advance, to the various people who will be helping evacuate the horses. If people know what is expected, things will go smoothly.
9. Leave your contact information in several conspicuous places in your barn, office or house.
10. In the event you are not at home, make arrangements with several friends or neighbors so they can evacuate your horses. Go over your plans and have the information available to them. Keep it up-dated.
11. Pack enough hay, feed, medications, supplements and water (if needed) for several days. Extra buckets should be already packed in the trailer.
12. If you are going to have to make several trips, don't wait until the last evacuate order is issued. Start moving animals out early and give yourself enough time. It is possible if you wait too long, you will not be allowed back in. Use common sense.
13. Don't forget to have an emergency bag packed and ready with your personal items.
14. Prepare a list of important documents you will need and have them readily available. These items would include credit cards, bank account information, health insurance cards and check books.

Courtesy of ultimatehorsesite.com