



San Vicente Saddle Club Newsletter

16911 Gun Stage Road, Ramona, CA

August 20

President's Message

President – Randy MacRostie
Vice President – Dave Shanahan
Treasurer – Lily Voegeli
Secretary – Anita Meyer

Club Meetings
2nd Wednesday
of Each Month
7:30 PM
SDCE IEC Rotunda

Important Dates
September

SVSC Monthly Meeting	Sept 9
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SDCEA Board Mtg 7:00 pm	Sept 22
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Howdy members!

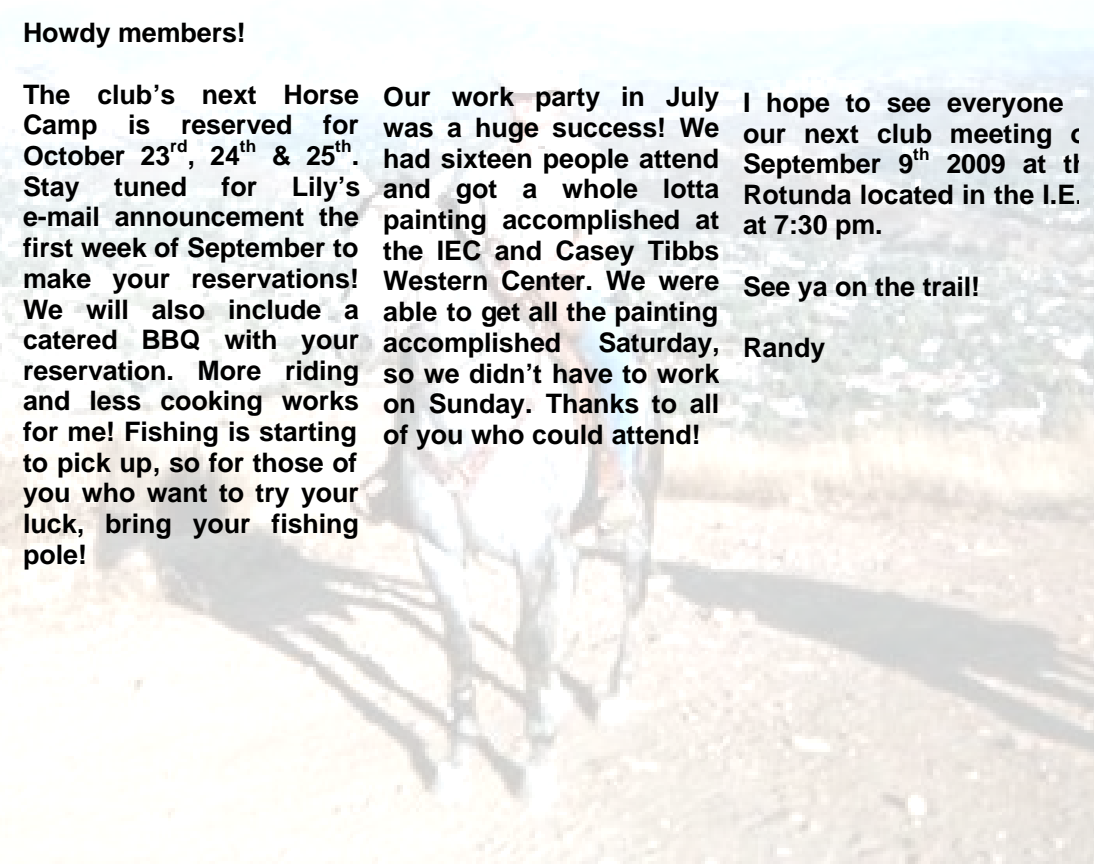
The club's next Horse Camp is reserved for October 23rd, 24th & 25th. Stay tuned for Lily's e-mail announcement the first week of September to make your reservations! We will also include a catered BBQ with your reservation. More riding and less cooking works for me! Fishing is starting to pick up, so for those of you who want to try your luck, bring your fishing pole!

Our work party in July was a huge success! We had sixteen people attend and got a whole lotta painting accomplished at the IEC and Casey Tibbs Western Center. We were able to get all the painting accomplished Saturday, so we didn't have to work on Sunday. Thanks to all of you who could attend!

I hope to see everyone at our next club meeting on September 9th 2009 at the Rotunda located in the I.E. at 7:30 pm.

See ya on the trail!

Randy



Upcoming Events

Horse Camp – October 23-25 ...Watch for Lily's email in September to reserve your spot for this fun event!!

IEC: International Equestrian Center
CTWC: Casey Tibbs Western Center

Other Upcoming Equestrian Events

CHADS COWBOY CHALLENGE –

We're on!!!! Please check out the web site for information on Chad's Cowboy Challenge, September 12, 2009 at Mt. Valley Ranch, Ramona, CA. Chad has limited access to the internet so if you have questions, please call him at 760-505-2334. Chad's web address is:

www.chadscustomcowboy.com

POWAY RODEO POKER RIDE -

The Poway Rodeo is hosting a Poker Ride on September 20th, 2009. It will be very similar to the one we have at the IEC, and will also have a lunch and raffle and would love for anyone in the Saddle Club, to join us in a wonderful day and a lot of fun! Sign in will be from 8 – 9 a.m. and pickup first card for poker hand. There are three levels of the ride, Easy, Medium and Challenging. BUY YOUR TICKETS EARLY. For information call or email Joe (858) 547-9111 or TrailRide@PowayRodeo.com (put "Rodeo Ride" as subject) Tickets available online at www.Powayrodeo.com, or Elston's Hay and Grain in Poway.

Manure Pickup Service

There is a new service in the SDCE. Manure hauling, this can be a weekly service or an as needed clean up service. This is not stall cleaning but hauling of the manure for residents of SDCE.

If interested contact Dean Meyer at (760) 788-8385 or (760) 822-3923

Reasonable rates depending on number of horses with the minimum being 10.00 a week for one or two horses. Pick up days will be Monday or Friday.

New Members

Lisa & Nicole Spounias
Barbara Beamesderfer
Meredith & David Schuler

Interesting Web Links

If you come across any web sites you think our members would like to visit, please email the editor so it can be added to the newsletter.

Member Classifieds

Equine Sports Massage and Energy Work

Equine Sports Massage and energy work: Uses non-invasive, hands on techniques, to reduce muscular fatigue, tension and stress. EMS improves flexibility, provides relaxation, circulation, and decreased muscular spasms. Increases performance levels up to 20%. Increases circulation, increases range of motion and flexibility.

I was trained in Ocala Fla. taking Don Doran's Equine Sports Massage program and I have a background with some cranial sacral work and reiki levels 1 and 2. I use Dr. McLaren photonic therapy and ultrasonic therapy. Aromatherapy is used as well. Fee is \$ 75 per session.

Terri H. Law BSN
760-440-9434

SADDLES FOR SALE

I have two saddles for sale. 17 ½ Collegiate A/P, Black, regular tree, this saddle is being sold with leathers, irons and a nice 46 Inch black overlay girth. \$475.00

17 ½ Jorge Canvas A/P, regular tree, this saddle is being sold with leathers and irons. This saddle needs to be re-stuffed and repaired, the mice got to it. However with some TLC this saddle would be great for schooling. This is a very comfy saddle! \$ 150.00
Megan Mavroudis 760-402-3282

Pesoa 16" Saddle - This is a saddle that belonged to the old owner of Cassidy. They are asking \$900 obo. It is in good condition. Size 16 so for a kid. (Retail value new is \$2000) Wen-Dee.Cote@fraseryachts.com

SHELTERS/SHED NEEDED

I have a friend looking for used shelters and a shed to be used for tack. If you have any for sale, please contact Barb at farmgirlbarb@hotmail.com

Please submit any classified ads, announcements, interesting websites or cool products you would like to add to the newsletter to Barbara at farmgirlbarb@hotmail.com

A Horse Poem – Author unknown

When your day seems out of balance-

And so many things go wrong...

When people fight around you

And the day drags on so long...

When parents act like children,

In-laws make you think "DIVORCE"...

Go out into your pasture...

And wrap your arms around your horse.

His gentle breath enfolds you,

And he watches with those eyes.

He may not have a Ph.D,

But he is, oh so wise!

His head rests on your shoulder,

You embrace him oh so tight.

He puts you in balance,

And makes it all alright.

Your tears, they soon stop flowing,

The tension is now eased.

The garbage has been lifted,

And you're quiet and at peace.

So when you need the balance

From circumstances in your day...

The best therapy that you can seek...

Is out there eating hay!!!!!!