



San Vicente Saddle Club Newsletter

16911 Gun Stage Road, Ramona, CA

August, 2007

President's Message

Howdy members!

I want to remind anyone who is interested in attending our next horse camp that is scheduled for October 19th through the 22nd need to turn in your pre-paid registration to Lily Voegeli A.S.A.P. She will open registration to non-members September 1st so if you have a preferred corral you would like to reserve now's the time to do it. Lily's e-mail address is jefnlily@tns.net

At our July meeting we discussed and approved our own Saddle Club Equestrian Advisory Committee chaired by Jeffi Wood to discuss ideas and upgrades our club could consider contributing funds for improvements to the I.E.C and Casey Tibb's Western Center.

Several ideas and suggestions were noted and discussed at our August meeting. If you have any great ideas you would like to share please e-mail Jeffi Wood at mjefwood@netzero.net to put on the agenda for their next meeting.

The weather has been a little toasty lately but has still been pretty nice overall to get some early morning and evening trail rides. If you notice any trails within the estates that need maintenance or a tree that needs trimming please contact Dave Shannahan at dshanahan8@cox.net. He will forward your request to the Estates Landscape Department and get it handled. They have been very cooperative and

helpful with our assistance in keeping our trails safe and maintained.

Our 2007 Saddle Club's membership roster is the highest it's ever been. Every year I see new members at our meetings and events. I'm proud to represent the Saddle Club and all the positive impact it has on our community. We are a unique horse club that continues to gain more and more popularity every year and supports the Equestrian lifestyle we all enjoy and love. So if you know anyone who has not heard or know about or club, tell them about it! Membership does have its privileges!

See ya on the trail!

Randy

President – Randy MacRostie
Vice President – Dave Shanahan
Treasurer – Lily Voegeli
Secretary – Sue Freemire

Club Meetings
2nd Wednesday
of Each Month
7:30 PM

SDCE IEC Rotunda

August/September

SVSC Monthly Meeting	Sept 12
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SDCEA Board Mtg 7:00 pm	Aug 28
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IEC: International Equestrian Center
CTWC: Casey Tibbs Western Center

Upcoming Club Events

Camp Dates

Our second campout of the year is scheduled for **Friday, October 19 – Monday, October 22**. If you haven't been horse camping, you are really missing out! Be sure to send in your application form as soon as possible to be sure you have a corral for your horse.

Vet's Corner

Courtesy of club member - Dr. Corine Selders
Cedar Creek Equine Veterinary Practice, Inc.
Ramona, California
(760) 484-4426

Does your horse have stomach ulcers?

Stomach ulcers occur in horses more commonly than most people think. Depending on which study you look at, it varies between 58% of active show horses to 100% of racehorses. Other studies show the incidence being between 10 and 18% of the general horse population. Foals can get ulcers very quickly, especially if they are sick.

Causes & Symptoms:

Gastric ulcers can occur due to stress, a lack of pasture access, training, showing, chronic pain, a high grain diet, Bute and Banamine, and change of environment. Stomach ulcers can manifest in a variety of symptoms such as chronic or intermittent colic, lying down often, decreased performance, eating slowly, not eating or not finishing meals, and aggressive behavior. The horse may also have a poor hair coat and may not be as conditioned for its level of care and exercise. Some horses may not show any external signs.

Diagnosis:

Ulcers are diagnosed with a 3 meter long fiber optic gastro-endoscope. The procedure is done in a standing horse and it requires the horse to be fasted for 12 hours, and no water for 3-4 hours. The scope can show if the horse has ulcers, as well as the location and size of the ulcers. Another, not so precise, method of diagnosing ulcers is through trial treatment. This is where the horse is given ulcer medication and after a week or two, if symptoms are relieved, the horse is diagnosed.

Treatment:

The horse should be given an anti-ulcer medication for at least one month, possibly two. The horse should be placed on a bland diet with low pH. This means grass hays, no grain, and no alfalfa. Lastly, the horse's environment should be analyzed and the stressors should be decreased or modified, such as training schedule, show schedule, or a changing to a new routine.

New Members

Cindy Lloyd
Colleen Finch
Julie & Luke McIntyre
Georges DeBoelpaep
Cecelia Hessler

Vet's Corner – cont'd

There are two main medications that are recommended for the treatment of ulcers:

- 1) Ranitidine (Zantac is the tradename) is a partial acid blocker and should be given three times daily to be effective. It is inexpensive. Cimetidine is a medication that works similarly to ranitidine.
- 2) Omeprazole (GastroGard/UlcerGard) is a total acid blocker. It is given once a day, is very effective, but it is expensive. If a horse is going to be trial treated instead of scoped for a diagnosis, then the horse should be given GastroGard. GastroGard tends to show an improvement in clinical signs within a week. If the horse improves, he should be treated for at least one month, and then weaned off of the medication over the following month.
- 3) Other medications include sucralfate, usually used in foals, and it still needs to be proven in the horse instead of scoped for a diagnosis, then the horse should be given GastroGard. GastroGard tends to show an improvement in clinical signs within a week. If the horse improves, he should be treated for at least one month, and then weaned off of the medication over the following month.
- 4) And Antacids – These have not been studied very seriously in the horse. However, one would need 180-200ml every 4 hours to be effective.

Cova Update – Thanks!

To all of the Saddle Club members,

Our heartfelt thanks for all that you did to help Cova and me get through her accident at the horse camp. There are so many to thank, most of whom I don't even have a name for. People we didn't even know jumped right in and did so much. From her immediate care, to packing up all of her gear (man, Cova can pack) to bringing Cliffie back home, to driving her truck back, to keeping me informed that Saturday....it was all so helpful.

Cova is doing well, and on her way to a full recovery. She should be back in the saddle again in a few months. In the meantime, I'm learning how to tend to a horse. Thank you all!!!

Bo

PS...Cova is still looking for someone to exercise and groom her horse every so often.

New Riding Trails

Barnett Ranch Preserve opens to public

August 3, 2007: [Barnett Ranch Preserve](#) will open to the public for the first time on Saturday, August 4, 2007. The 700-acre preserve in Ramona offers the public access to approximately four miles of trails through a variety of habitats. From the late 1800s until recently, Barnett Ranch was a working ranch that raised cattle and grew field crops. The County acquired the land for inclusion into the Multiple Species Conservation Program (MSCP) Subarea Plan, and now the public is welcome to hike, bike, or ride horses along its trails and enjoy the wildlife and scenery preserved in the park. "Barnett Ranch is a welcome addition to the County's nationally recognized MSCP plan," said Second District Supervisor Dianne Jacob, who helped create the MSCP program in the 90s. "It highlights the County's ability to provide recreational opportunities for the public, while preserving its valuable natural resources."

The new preserve encompasses habitats ranging from coastal sage scrub to oak savannah to nonnative grasslands. Visitors can enjoy scenic views from the miles of multiple-use, non-motorized trails and can observe wildlife including golden eagles, white-tailed kites, orange-throated whiptails, and the rarely seen ringtail.

The staging area of Barnett Ranch Preserve is located at the intersection of San Vicente Road and Deviney Lane in Ramona. The preserve will be open Fridays through Mondays, from 8 a.m. to sunset. No water or restroom facilities are available at the preserve.

Member Classifieds

WANTED: Someone to exercise my horse while I recuperate from the broken hip I brought back from camp. He's older and pretty well mannered but is not for a beginner. (He get's excited and dances around at the Western center, especially when there are horses turned out.) He ponies pretty well too, if you want to stop by and take him out that way. Please call Cova Becker at 787-1830

FOR SALE: 2 English saddles. One hunt seat and one saddle seat. Very reasonable. Please call Cova Becker at 787-1830

HORSE AVAILABLE FOR FEED/LEASE

I'M LOOKING FOR SOMEONE WHO MIGHT BE INTERESTED IN A FEED LEASE FOR A 23 YEAR OLD ARABIAN. HE IS SOUND AND HAS MANY MORE TRAIL YEARS AHEAD OF HIM. NOT SPOOKY NOT HOT - GOOD FOR AN ADVANCED BEGINNER TO AN INTERMEDIATE RIDER. CALL ERIN OR PATTY HOYE IF INTERESTED 760-789-8708

HORSE WANTED:

Trail gelding, around 15 hands, smooth gaits, **no** spook, willing, healthy. Must pass pre-purchase exam. Mary 858-395-5076

2 HORSE TRAILER FOR SALE:

Two horse 1986 Circle J straight load trailer with tack room. Good condition - \$3250 or best offer. Call Barb at 760-789-7788 or 858-472-2402 Email at robertmac@cox.net for pics and more info.

MOTORHOME FOR SALE:

1988 Trans Van made by Champion, 20 feet long with a Ford 460 engine on a one ton with duals. It fits in all of the MAU campgrounds pulling a 2 horse trailer. It is great for one person and OK for two people. With the bench folded down and the table down there is a king size bed. There is a refrig., microwave oven, 2 burner cooktop, shower/toilet and two full length closets. **No** generator. Original owner and has all maintenance records. \$5,000. Please email annbeck@cox.net for more info..Motorhome belongs to a friend of Ann.

Please submit any classified ads, announcements, interesting websites or cool products you would like to add to the newsletter to Barbara McClanahan at robertmac@cox.net

“You cannot remain unmoved by the gentleness and conformation of a well-bred and well-trained horse-more than a thousand pounds of big-boned, well-muscled animal, slick of coat and sweet of smell, obedient and mannerly, and yet forever a menace with it's innocent power and ineradicable inclination to seek refuge in flight, and always a burden with it's need to be fed, wormed, and shod, with it's liability to cuts and infections, to laming and heaves. But when it greets you with a nicker, nuzzles your chest, and regards you with a large liquid eye, the question of where you want to be and what you want to do has been answered.”
~ Albert Borgmann, Crossing the Postmodern Divide, 1992

“If your horse says no, you either asked the wrong question, or asked the question wrong.” ~Pat Parelli

“The daughter who won't lift a finger in the house is the same child who cycles madly off in the pouring rain to spend all morning mucking out a stable.” ~Samantha Armstrong

“The one best precept-the golden rule in dealing with a horse-is never to approach him angrily. Anger is so deviod of forethought that it will often drive a man to do things which in a calmer mood he will regret.” ~ Xenophon

“To learn all that a horse could teach, was a world of knowledge, but only a beginning. . . .Look into a horses eye and you instantly know if you can trust him.” ~ Mary O'Hara

“No ride is ever the last one. No horse is ever the last one you will have. Somehow there will always be other horses, other places to ride them.” ~ Monica Dickens

“The truth is that horses exhibit, in an exaggerated form, many of the worst characteristics of people. They are greedy, envious, spiteful, malicious, slothful, superstitious, and stupid. They are congenital hysterics and each one is, ominously, a prospective homicide. If horses could talk, they would lie.” ~ Owen Ulph,(old time cowboy) from his book, The Fiddleback: Lore of the Line Camp.

“A little neglect may breed mischief...
for want of a nail the shoe was lost;
for want of a shoe the horse was lost;
and for want of a horse the rider was lost...”
~ Benjamin Franklin